



## **Approaches to Learning** **Activity for 30 to 36 Months**

### **Let's Choose**

*Playing pretend games helps young children learn about making choices.*

#### **Materials:**

- Several stuffed animals

#### **What to do:**

1. Sit on the floor with the child and put several stuffed animals on the floor with you.
2. Talk to one of the animals. "Mr. Bear, would you like cereal or cheese today?" Ask the child to answer for Mr. Bear.
3. Discuss the pros and cons of the choice.
4. Pick up another animal and say, "Bunny rabbit, are you going to play inside or outside today?"
5. Discuss the answer again.
6. Encourage the child to feel good about the choices she makes.

