



Approaches to Learning Activity for 24 to 30 Months

Free Like the Wind

This game encourages creativity and also gives children a sense of balance and control.

Materials:

- Scarves
- Music

What to do:

1. Play some instrumental music as you and the child dance with the scarves.
2. Swoop the scarf high into the air and then low to the ground.
3. Hold the scarf out as you turn in a circle.
4. Dance with the child as you both hold one end of the scarf.

Encourage the child to "show" you how to dance with the scarf.

