



## Thinking Abilities and General Knowledge Activity for Birth to 6 Months

### Find the Noise

**Materials:**

- Rattle

**What to do:**

1. Hold the baby in your lap after she has finished eating. Shake a rattle on one side of her head, then the other side.
2. Shake it slowly at first, then faster.
3. Praise and cuddle her as you see the baby searching for the noise with her eyes.
4. Experiment with types of objects and different sounds to find out what the infant likes.
5. Touch the object lightly to the infant's tummy, face, and arms to provide tactile as well as auditory stimuli.

**Variation:**

Hold an object that provides visual stimulation only (no sound) in the infant's line of vision. (A picture of a face, a mirror, a shiny pinwheel, or any colorful object will work.) Then present an object that provides auditory stimulation only (no visual cues) by shaking a bell or playing a music box out of the infant's view. Observe the infant's responses. Bring the object into the infant's view to provide the infant with visual feedback to use in localizing objects.

