

Thinking Abilities and General Knowledge Activity for 30 to 36 Months

Colorful Steps

Materials:

- Colored construction paper
- Tape

What to do:

- 1. Tape a construction-paper path on a floor. Use two or three different colors in your path.
- 2. Sing a favorite song as you and the 2-year-old walk on the path. "Twinkle, Twinkle, Little Star" is a good song to use.
- 3. Stop walking each time you stop singing. If the child knows colors, ask her to name the color that she is standing on.
- 4. Develop the child's spatial thinking by suggesting, "Let's walk *over* the paper. Let's walk *on* the paper."
- 5. Use other actions, such as hopping, jumping, and tiptoeing.
- 6. Do the activity with a small group of children. Have the children label the color of the step they are on when the music stops.

